

*Wellness*  
menu

SOFITEL  
**LEGEND**  




THE GRAND  
AMSTERDAM • 1578



SOFITEL

Spa



# Where *senses* reawaken

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In the middle of the hustle and bustle of the city centre you will find ultimate relaxation at Sofitel SPA. Experience comforting luxury with rejuvenating treatments and French cosmetology. The Sofitel SPA is the place to pamper yourself with soothing moments and unwind for the stress. Our Sofitel SPA team is committed to provide the highest quality of service. They will pamper your mind, body and spirit, allowing you to relax, recharge and reenergize.

The Sofitel SPA treatments offer you the perfect way to spend your day relaxing and enjoying an experience of total luxury. Our Sofitel SPA team is committed to provide the highest quality of service that will help you unwind from the stress of everyday life. We will pamper your mind, body and spirit, allowing you to relax, recharge, and reenergize.

Whether you book an appointment for hair and make-up, a quick manicure or pedicure, a relaxing massage, our Sofitel SPA team will do everything to make you feel beautiful and full of energy.





## *Signature* Treatments

Experience the ultimate relaxation with our exclusive Signature Treatments, each thoughtfully designed to immerse you in unparalleled luxury and serenity. These bespoke spa experiences blend the finest pampering techniques with elements of pure indulgence, leaving you in a state of total bliss. Each treatment is complemented by a glass of champagne and the soothing essence of AromaTouch oils, enhancing every moment of your journey to rejuvenation.



# Signature Treatments

## **FACIAL & MASSAGE OF YOUR CHOICE**

90 | 120 minutes

€ 210 | € 280

Get the best of both worlds with a facial and massage of your choice for a complete renewal of face and body.

## **A CELEBRATION FOR TWO**

60 | 90 | 120 minutes

€ 295 | € 395 | € 495 for two

This treatment is specially designed for couples or friends who are looking for the ultimate way to unwind together. Each of you chooses the massage of your preference and we do the rest.

## **IMPERIAL FACE & BODY EXPERIENCE**

150 minutes

€ 325

Refresh and recharge your face and body with this amazing experience. The treatment includes a body scrub, a 60 minute facial and a 60 minute massage of your choice. Our professional team will make sure you feel reenergised afterwards.

## **FOUR HANDS MASSAGE**

60 | 90 | 120 minutes

€ 260 | € 350 | € 425

The unique Four Hands Massage is given by two of our highly trained therapists, who work together to provide an exceptional level of peace and relaxation within your mind and body.

## **OUR SIGNATURE MASSAGE**

90 | 120 minutes

€ 210 | € 275

First you will receive a deep tissue massage that will leave your body feeling tension-free. This specialized massage will make your muscles and connective tissue feeling so much lighter than before. Combined with a 30 minutes massage of pure relaxation, our Signature Massage is the best way to spend your day.

# *Signature* Treatments

## **THAI YOGA TABLE**

60 | 90 | 120 minutes

€ 175 | € 205 | € 265

The Thai Yoga Table Massage is an evolution of a traditional massage, combined with yoga stretches. Movement and intention are integrated in this treatment to decrease stress, tension, and pain through these blended healing practices.

## **STRONG MUSCULAR DEEP TISSUE MASSAGE**

75 | 90 minutes

€ 185 | € 215

Our popular Deep Tissue massage with a strong focus on your pressure points that will leave your body feeling tension-free.



# Massage Treatments

## LEGS AND FEET

30 | 40 | 60 minutes

€ 80 | € 99 | € 135

A relaxing massage for tired, achy legs and feet. An excellent choice after a day of being on your feet.

## HEAD, BACK AND NECK

30 | 45 | 60 minutes

€ 80 | € 99 | € 135

A warm and relaxing head, back, and neck massage offers complete stress and tension relief, leaving you totally renewed.

## RELAXING MASSAGE

60 | 75 | 90 | 120 minutes

€ 135 | € 165 | € 185 | € 245

Choose from a traditional massage or a relaxing massage and feel well-rested and revived afterwards.

## DEEP TISSUE

60 | 75 | 90 | 120 minutes

€ 145 | € 175 | € 195 | € 255

A deep tissue massage will leave your body feeling tension-free. This specialized massage will make your muscles and connective tissue feel so much lighter than before.

## HOT STONE

60 | 75 | 90 | 120 minutes

€ 145 | € 175 | € 195 | € 255

An excellent choice for sore and, tired tissues. The hot stones work to relax and release all muscle tension.





## Manicure & *Pedicure*

Treat yourself to the ultimate in hand and foot care with our luxurious manicure and pedicure treatments. Each session is a blend of expert grooming, revitalizing exfoliation, and deeply nourishing masks, leaving your hands and feet soft, refreshed, and impeccably polished. With precise detailing and a relaxing massage to ease tension, our manicure and pedicure experiences are crafted to bring you both beauty and total relaxation. Step in for a moment of pure indulgence, and let us give your hands and feet the care they deserve.



# Manicure & *Pedicure*

## LUXURY MANICURE

60 minutes

€ 90

Get pampered with a luxury manicure from one of our exceptional manicurists. We take care of your cuticles, shape your nails and scrub your hands with a lovely massage. Normal nail polish included.

## LUXURY PEDICURE

70 minutes

€ 105

Combine a manicure and pedicure that leaves your nails feel and look great. Enjoy both services at the same time.

## LUXURY MANICURE & PEDICURE PACKAGE

120 minutes

€ 175

Choose from a traditional massage or a relaxing massage and feel well-rested and revived afterwards.

## SHELLAC MANICURE

70 minutes

€ 99

Enjoy a relaxing pedicure that will help to soothe your feet and let your nails be polished with the durable, beautiful shellac polish of your choice.

## SHELLAC PEDICURE

75 minutes

€ 110

Enjoy a relaxing pedicure that will help to soothe your feet and let your nails be polished with the durable, beautiful shellac polish of your choice.



# Manicure & *Pedicure*

## SHELLAC MANICURE & PEDICURE PACKAGE

120 minutes

€ 199

*(or 2 persons at the same time - upon availability - 75 minutes)*

Take care of your nails with a luxurious manicure and pedicure and finish with a shellac nail polish, that stays beautiful for at least 2 weeks.





## *Facial* Treatments

Rejuvenate your skin with our luxurious Facial Experience, designed to refresh, nourish, and reveal your natural radiance. Each facial treatment is personalized to address your unique skin needs, using premium products and advanced techniques that deeply cleanse, hydrate, and revitalize. From soothing hydration facials to targeted anti-aging treatments, our expert estheticians ensure a radiant glow that lasts. Treat yourself to a moment of pure indulgence and let your skin shine with renewed vitality.

# Facial Treatments

## **SOFITEL SPA DELUXE FACIAL**

60 | 90 minutes

€ 145 | € 205

An anti-aging spa facial that focusses on the connective tissue with special Japanese rituals and massages, using the best products and Ko-Bi-Do techniques. Look and feel vibrant after this exquisite deluxe facial treatment.

## **CINQ MONDE FACIAL**

60 | 90 minutes

€ 145 | € 195

Using French technology and Cinq Monde products, this facial is designed to create a softer looking, more youthful skin, combining the best ingredients and rituals from the world. Whether you are getting ready for a night out or just looking for relaxation; a facial is always a good idea.

## **SIGNATURE BODY SCRUB**

30 minutes

€ 75

Cleans and moisturize your skin with our exfoliating face scrub and say goodbye to dull, blotchy and grainy skin forever.







# Hair & *Make-up*

(upon availability)

Elevate your look with our exceptional hair and make-up services, designed to bring out your natural beauty with a touch of luxury. From precision cuts and vibrant color treatments to flawless makeup applications, our expert stylists and artists work with you to create a look that's both radiant and uniquely yours. Whether you're preparing for a special occasion or simply refreshing your style, each session is a personalized experience that leaves you feeling confident, polished, and effortlessly glamorous.

# Hair & *Make-up*

(upon availability)

## IN-ROOM BLOW DRY

45 | 60 | 90 minutes

€ 99 | € 120 | € 145

Short | medium | long hair

Experience the convenience that comes with the luxury of having someone blow dry your hair and enjoy it in the privacy of your own room.

## DAY | EVENING | GLAMOUR MAKE-UP

45 | 60 | 90 minutes

€ 95 | € 110 | € 135

Do you have a date or a special event to attend? One of our make-up artists can help you with your make-up and create a beautiful natural day look or glamorous evening look. False eyelashes are included in the Glamour Make-Up price.

## UPDO

60 minutes

€ 115

Compliment your look with a trendy updo hairstyle of your choice.

## FALSE LASHES

60 minutes

€ 25

Make your eyes sparkle with our long-lasting eyelashes.

## IN-ROOM HAIRCUT

45 | 60 minutes

€ 125 men | € 150 women (including blow-dry)

Do you have a date or a special event to attend? One of our make-up artists can help you with your make-up and create a beautiful natural day look or glamorous evening look. False eyelashes are included in the Glamour Make-Up price.



## *Bridal* Services (upon availability)

Elevate your Wedding day look with our exceptional hair and make-up services, designed to bring out your natural beauty with a touch of luxury. From precise hair styling and flawless makeup applications, our expert stylists and artists work with you to create a look that's both radiant and uniquely yours for your special day. Each session is a personalized experience that leaves you feeling confident, polished, and effortlessly glamorous. Contact us today to discuss the possibilities and schedule your deluxe bridal services.

# *Bridal* Services

(upon availability)

## **BRIDAL HAIR**

90 minutes

€ 175

On a day that you will cherish forever, you want your hair to look perfect. Our hairstylist will work for you to create an unforgettable hairstyle for your special wedding day.

## **BRIDAL MAKE-UP OR TRIAL SESSION**

90 minutes

€ 175

Your wedding day is coming up and of course you have to look perfect on your big day. We understand and we are here to help!

## **BRIDAL HAIR AND MAKE-UP PACKAGE**

150 minutes

€ 325

Make your eyes sparkle with our long-lasting eyelashes.

## **IN-ROOM HAIRCUT**

45 | 60 minutes

€ 125 men | € 150 women (including blow-dry)

Get pampered on your wedding day with a full hair and make-up pack-age. One of our professional hair & make-up artists will help create an unforgettable look for your wedding day. Also available with a trial session hair and make-up.





## Special *Membership*

Our special membership offers one massage of your choice, discounts on additional massages, and access to Sofitel SPA amenities, including the indoor pool, sauna, Sofitel FITNESS, and lockers. Additionally, bathrobes and towels are provided for your convenience.

# Special *Membership*

## SPECIAL MEMBERSHIP

6 months | 1 year

€ 500 | € 995

Our exclusive membership includes one massage of your choice, discount on massages, access to the Sofitel SPA facilities such as the indoor swimming pool, sauna, Sofitel FITNESS and lockers. Of course the usage of bathrobes and towels is also included.

## GIFT CERTIFICATE

A chic and refined gift that suits every occasion.

Offered from one hour to an entire day of well-being.

[Click here to purchase a Sofitel SPA gift certificate.](#)

# More *Information*

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## OPENING HOURS

Daily opened from 09.00 - 21.00 hours

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## SPA ACCESS

The Sofitel SPA is located on the first floor, entrance is located between rooms 102 & 108.

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## RESERVATIONS

- A reservation for the treatment of your choice is mandatory.
- Please make your reservation at least one hour prior your preferred time and date.
- Bookings made by hotel clients directly with Sofitel SPA are secured by the signing of a reservation card or a credit card printout.
- Bookings made by external guests directly with Sofitel SPA are secured by a credit card printout or cash payment.
- Changes in relation to treatments and times are possible without penalties being charged depending on availability.

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## ARRIVAL AT SOFITEL SPA

Cancellation is free of charge if made 24-hours before the treatment. Hotel guests have until 4 hours before the treatment. Otherwise full cost of the treatment will be charged.

BOOK YOUR EXPERIENCE





S O F I T E L

Spa



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